

SAMPLE BREAKFAST CLUB MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Cereal	Cornflakes, Weetabix or Rice Krispies	Cornflakes, Weetabix or Rice Krispies	Cornflakes, Weetabix or Rice Krispies	Cornflakes, Weetabix or Rice Krispies	Cornflakes, Weetabix or Rice Krispies
Hot Food	Beans on Toast Toast with jam, butter, honey	Scrambled Egg on Toast	Bacon Roll	Pancakes with fruit or honey	Sausages or Veggie Sausage with beans
Drinks	Orange or Apple Juice Water Milk	Orange or Apple Juice Water Milk	Orange or Apple Juice Water Milk	Orange or Apple Juice Water Milk	Orange or Apple Juice Water Milk