

Menu - Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	PASTA DAY Pasta in a freshly prepared protein packed tomato & basil sauce served with garlic bread & sweetcorn	Chef's freshly prepared sweet & sour chicken served on a bed of rice	Goddens Fresh Butchers' Sausages served with Yorkshire pudding, freshly seasoned Roast Potatoes, Peas & Gravy	Goddens Butchers' Beef Meatloaf served with new potatoes & carrot batons	Chicken burger in a soft bun served with lightly seasoned potato wedges
VEGETARIAN	Pasta with a freshly prepared creamy Leek sauce served with garlic bread & sweetcorn	Freshly prepared Mushroom Stroganoff served on a bed of Rice	Spinach & Ricotta Cannelloni served with Rustic Crusty Bread	Mexican Style Peppers stuffed with Rice & Roasted Vegetables served with new potatoes & Carrots	Vegan Sausage Roll served with lightly seasoned potato wedges
JACKET POTATOES	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo
DESSERT	Yoghurt & Fruit	Bananas & Custard Yoghurt & Fruit	Yoghurt & fruit	Flapjack Yoghurt & Fruit	Yoghurt & Fruit

A wide range of freshly prepared salad items is available each day