

## Menu - Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Freshly Prepared One Pot Italian Chicken Casserole served on a bed of rice	Butcher's choice minced beef & fresh vegetable hotpot served with crusty bread	Fish Fingers served with New Potatoes & Peas	Fajita Day Create your own- Lightly spiced chicken & mixed vegetable filling served with salsa, sour cream & a tortilla wrap	Breaded Chicken Strips served with lightly seasoned Curly Fries & Beans
VEGETARIAN	Hunter's Quorn (Quorn Fillet coated in a BBQ sauce topped with Cheese) served with fluffy Rice & garlic bread	Freshly prepared Pea & White Onion Risotto served with Crusty Bread	Freshly prepared seasonal vegetable Ratatouille Tart served with new potatoes & peas	Fajita Day Create your own- Lightly spiced mixed vegetables served with salsa, sour cream & a tortilla wrap	Chef's special vegetable chow mein served with prawn crackers
JACKET POTATOES	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo	Cheese & Beans or Tuna Mayo
DESSERT	Yoghurt & Fruit	Bananas & Custard Yoghurt & Fruit	Yoghurt & Fruit	Raisin Flapjack Yoghurt & Fruit	Yoghurt & Fruit