



GATEWAY SCHOOL MENU

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------|---|--|--|---|--|
| MAIN COURSE | Mediterranean Style chicken & tomato bake served with Rice & Garlic Bread | Sausages served with New Potatoes, Peas & Gravy <i>*(See Below)</i> | Pasta & Meatballs in a Roasted Red Pepper & Tomato Sauce | Chicken & Sweetcorn Pie served with Roast Potatoes, Carrots & Gravy <i>*(See Below)</i> | Fish Goujons Served with Parmentier Potatoes & Beans |
| VEGETARIAN | Red Lentil Curry served with Rice | Cauliflower Bake served with New Potatoes, Peas & Gravy <i>*(See Below)</i> | Vegetable Lasagne Served with Sweetcorn | Mixed Bean & Vegetable Puff Pastry Pie served with Roast Potatoes, Carrots & Gravy <i>*(See Below)</i> | Vegetable Chow Mein served with Prawn Crackers |
| JACKET POTATOES | Cheese & Beans or Tuna Mayo | Cheese & Beans or Tuna Mayo | Cheese & Beans or Tuna Mayo | Cheese & Beans or Tuna Mayo | Cheese & Beans or Tuna Mayo |
| DESSERT | Peaches with Strawberry Yoghurt | Ginger Sponge | Lemon Butter Biscuits | Carrot Cake | Apple Pie with Custard |

Fresh Salad Bar everyday (including but not limited to: grated carrot, cucumber, peppers, lettuce, coleslaw), and yoghurts and fruit
**A cold Pasta salad option is available with the main & vegetarian choice on these days as an alternative to the potato*